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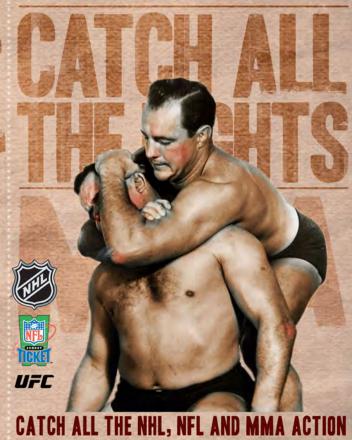


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On Sept. 29, the Calgary Fire Department brought the first ever "Burning Down the House" to SAIT's campus. Students and interested staff saw first hand the destruction and devastation that a house fire can inflict. This event was held so that the tragedy of the Parkdale basement fire never occurs again.

Students feel the heat in fire demo

Canada's first Burning Down the House offers a glimpse into an inferno

by Kevin Rushworth

Web Editor

Within minutes of the first smoke detector screech, fire rippled up the curtains and danced chaotically across the floor. Just as twisting flames deformed a computer screen, a couch lit up in a kaleidoscope of orange and red.

The clothes that hung in the closet burned quickly and almost instantaneously; forgotten coffee cup sitting on the desk melted.

It was this intimate yet strange glimpse into the madness of a house fire that students were given when they arrived for the first Burning Down the House event in Canada. Firefighters lit two furnished, small-sized mockdormitory rooms ablaze in the SAIT parking lot on Sept. 29 to teach students about fire safety.

The event gave students a chance to feel fire's ferocity first hand, said Brian McAsey, public information officer for the Calgary Fire Department.

"When you're near it and you feel 2,000-degree heat, it is a lot different than watching it," he explained. "Being able to see it in person, you realize how fast it is. You really don't have that time...to collect photos, and think twice and maybe check the door."

The demonstration fire set in a garbage bin — soon became what is known as a flash over, where every household item bursts into flame. McAsey said not even a firefighter in full gear could survive such heat, let alone anyone else.

As a comparison to the roaring inferno in the first dorm room, a fire set in the other small room was quickly doused with a sprinkler system.

It's important to remind students of basic fire safety when they move away from home and begin renting during university years, McAsey said.

"We do a really good job of educating people when they're young about the dangers of fire and what to do," he said. "As

you get older, you sort of lose that connection. There's not quite that same continuum in terms of 'I have to be thinking about fire safety."

While a smoke detector may not be first and foremost in the minds of first-time renters, he said it is of the utmost importance for the Calgary Fire Department. McAsey said the Burning Down the House event was organized so that the tragedy of the 2009 Parkdale basement fire, which claimed three young lives, would never occur again. For McAsey, a basement fire is one of the scariest things he has ever been in as a firefighter.

In Calgary, tenants can phone 311 to report any problematic breaches of the fire code, including poor heating systems, inadequate smoke detectors and bars on windows.

The landlord is notified and if issues are not cleared up within 35 days, the landlord is summoned before the courts, he said. After the Parkdale fire, McAsey said members of the

fire department felt they should teach students living off campus about their fire responsibilities in a visceral way.

Just as it is vitally important to have and practice an escape route, every house or rented property must have a working smoke detector, he said. As well, McAsey noted that the Calgary Fire Department offers free detectors and installation for low-income individuals.

While detectors should be checked monthly and batteries replaced every year, he said smoke detectors have a lifespan of ten years.

Being prepared and making sure we are safe, it can mitigate the loss of human life and property," he said. "It's a great thing to be able to be with those people and help them in their time of need, but it is even better when people don't need you at all."

At Mount Royal residences, fire drills are held in the fall and winter semesters, and each unit comes with an extinguisher, a smoke detector and exit maps.



NEWS EDITOR: Catherine Szabo

October 7, 2010

BRIEFS

t's not always easy to eat right at school. A Kansas State University professor substituted fruits and veggies for junk food and other calorie-laden foods in his own diet to prove that the ultimate equation is calories in versus calories out (in the form of exercise). He lost 15 pounds in 30 days, but still advocates for moderation and nutrition, since the junkfood diet is obviously not a healthy way to eat long-term.

hat warm and toasty feeling on your legs is a sure sign you've been on your laptop too long, but it could also be bad for your health."Toasted skin syndrome," caused by long-term heat exposure, can be from laptops overheating or even overuse of heating pads, but can lead to permanent skin darkening. The Globe and Mail reported that it is usually harmless, but could lead to skin cancer in severe cases.

Eco conference is step toward 'tipping point'

by Catherine Szabo

News Editor

An indication of how hyperaware we are about the environment is evident with words like "green-washing" creeping into our language. But Mario Trono, an English professor at Mount Royal University, still doesn't think we're at the tipping point yet.

Trono and Robert Boschman, another MRU English professor, the co-organizers of Under Western Skies conference, which will be held at Mount Royal Oct. 13-16 in conjunction with the centennial speaker series Legacy of Ideas.

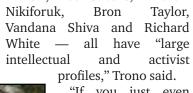
"We're hoping this conference will be another part of ongoing dialogues that will eventually get North American society to the tipping point, where talk and analysis transforms into we thought it was important to do this conference in the energy capital of Canada."

Their approach is a broad one: they wanted to bring together people with different backgrounds talk about a single issue — the environment.

"As English professors, we study language per se, wherever it comes

from in terms of rhetoric," Trono said. "We have a skill set that helps us bring people together to talk about issues, even if those aren't our speciality areas. We are not environmental scientists."

The six keynote speakers at the conference — Maude



"If you just even look at the keynote (speakers) themselves, they're people who are used to communicating with wide audiences," said Bron Taylor, a professor of religion and environmental ethics at the

University of Florida. "So even if (someone) is not familiar with my topic, I'm sure they'll find it to be interesting and accessible."

Taylor's focus is on the emotional relationship — or lack thereof — that people have with nature. In the past 150

substantive changes," Trono Barlow, Leo Jacobs, Andrew years, environmental religion said. "It's not a first step...but Nikiforuk, Bron Taylor, has continued to grow and affect environmental politics, both in North America and abroad, he said.

> "That's been a long-standing interest of mine — how do religious or spiritual sentiments environmental relate to perceptions and environmental activism?" he said.

> Other specialities of the keynotes include issues from sustainability to Aboriginal rights.

> "The environment is an issue that is affected by everything," said. "...In the same way that the environment is affected by so many factors, the dialogue about it has to involve a lot of factors."

More information registration for the conference is available at

www.skies.mtroyal.ca.



Bron Taylor Keynote Speaker



Ald. Brian Pincott said he hopes students will get out and vote in the upcoming civic election, since all students have "a vested interest in our city." Last year, 8.27 per cent of eligible MRU voters took part in the SAMRU election voting process.

Caring about election apathy

MRU tries to raise student awareness about voting

by Bryan Weismiller The Reflector

Maybe you've been buried under a pile of textbooks lately, or you've been preoccupied "sampling" a few pints of Royal 100 in the Liberty Lounge, but Calgary's 2010 municipal election is coming up very quickly.

Whether you study Freudian slips or frequency distributions, Mount Royal students can make a difference by showing up to vote on Oct. 18.

"Mount Royal students can make a difference. They can have a say and that's what is really going to matter," said Meghan Melnyk, VP external of the Students' Association of Mount Royal University.

Melnyk said that it's difficult to tell how engaged students are because everyone is still adjusting to their school-time rou-

"Students are just getting back to school. They're heads down into their studies, into their lives, trying to get into their own. It's really hard to look up and look around and see what's going on around you," she said.

However, she also said there has been a lot of "buzz" leading up to election time. Affordable housing and public transit have been identified as the two most important issues for Mount Royal students.

Melnyk said housing is the second biggest post-secondary expense after tuition, and there are not enough secondary suites to accommodate students.

She also describes Mount Royal as a commuter campus, because of the difficulties of taking public transit to school. Commuting is made tough by the absence of a southwest ring road and a direct C-Train line.

"They're all connected. If you can't live near campus, you need to get there. If you can't get

there by bus, because it sucks, Oct. 6 and 12 near the Mount then you're going to drive," she said.

While transit and housing are two important issues that affect students every day, some students still aren't able to see the bigger picture, especially those who come from outside of Calgary.

"I'd be more interested in voting if I knew about something that would directly affect me as a student," said Kelly Alexander, an open studies student.

"Being from Toronto, I'm not informed enough about the candidates to be really interested in voting," she said.

Melnyk says that voting attitudes will continue to change as Mount Royal proceeds with its transition from a college to a university. Students who are staying in Calgary for four years, as opposed to two years, are more likely to become interested in municipal politics.

"Now you've got students that are going to stay. With that, you have more investment in the community, you have more investment in the university, and therefore in the city," she said.

Ward 11 alderman, Brian Pincott, agreed that it's important for Mount Royal students to get involved in the political process.

"It doesn't matter if you're Grande Prairie or from Saskatoon, if you're going to Mount Royal University then you've got a vested interest in our city," he said.

Pincott said that it's "bloody important" that students get out and vote.

"Voting is a habit. You have to form that habit now. The decisions that get made today will affect the city that your kids grow up in," he said.

The students' association will be hosting a series of events leading up to election day. Advanced polls will be held on Royal Recreation facilities; election day is Oct. 18.

A GUIDE TO VOTING

All Canadian residents living in Calgary are able to vote in the municipal election, including Mount Royal students who live on-campus and may be from outside the province.

Voting stations are open from 10 a.m to 8 p.m on Oct. 18. Advanced polls run from Oct. 6 to 14 if you need to vote ahead of time.

Believe it or not, the voting process is actually very simple. You have to go to a voting station and check in with one of the volunteers. You may already be preregistered to vote, or you may have to register at the station. You must sign an Elector Statement to be able to vote.

You must also bring identification. Valid forms of identification

- Birth certificate
- Baptismal certificate
- Canadian citizenship card
- **Passport**
- Driver's license from any province or territory.

Once you check in and register, you'll be directed in to a voting both. This is where the magic happens. Mark an "X" next to whomever you want to vote for and that's it.

For more information, check out: http://www.CalgaryDemocracy.ca the City of Calgary's official web-

Call the election fice 403-476-4100. For breaking news: #yycvote on Twitter.

Campus smoking stats inflate

by Zoey Duncan **Publishing Editor**

Picture yourself in a lecture hall in the university, studiously writing down whatever comes out of your professor's mouth while he gestures with his right hand, a thin trail of smoke tracing his movements before it curls towards the roof.

There was a time when, like the rest of the country, Mount Royal University was a place where you could light up a cigarette whenever and wherever you wanted; it was a time when classrooms were stocked with cheap tinfoil ashtrays and a classmate might have been just as likely to bum a smoke as borrow a pen.

"Isn't that wild?" said Brian Fleming, vice-president of student affairs and campus life. "I mean, you can't even fathom that now.

"Today's issues (in the classroom) might be having your cell phone and texting; were there issues around smoking or not?"

Health Canada released results from their annual tobaccouse monitoring survey at the end of September. The survey found that 18 per cent of Albertans are smoking, a number that is on par with the national average for the first time since 2004 when 20 per cent of Canadians were smoking. Health Canada touts a decrease in youth smoking with 26 per cent of Albertans aged 20-24 lighting up in 2009 versus a lung-aching 40 per cent in 1999.

But at MRU, the number of smokers on campus has increased.

According to the biannual National College Health Assessment — sent out via email to 5,000 students every second January — nine per cent of MRU students were daily smokers in

2010, compared with 7.1 per cent in 2008.

Shermin Murji, tobacco reduction educator at the EnCana Wellness Centre, attributes the increase to the fact tobacco industries target the 18-24 age

These young people are "replacement smokers" for an industry that causes the death of a person every six minutes, Murji said. In the United States, she said, tobacco companies actually sponsor oncampus concerts where they give away cigarettes.

MRU has a strong tobaccoreduction strategy, including free one-on-one coaching for students who want to quit and health coverage for nicotine therapy. There is a proposal awaiting approval that would see MRU reject any grant or sponsorship from a tobacco company.

While she concedes that there will probably always be smokers on campus, Murji is thrilled at the success of the program, which saw a 39 per cent drop in daily smokers at MRU between 2006 (11.6 per cent) and 2008 (7.1 per cent).

The designated smoking areas on campus were created in 2006 when a nursing student who was tired of walking through a "wall of smoke" to get inside the school lobbied to change a policy that said little more than "no smoking indoors," Fleming said.

Now, the school's tobaccouse policy goes beyond the city bylaw that prohibits smoking within three metres of a doorway, to state that smoking is only allowed in designated areas, all of which are at least 10 metres from an entranceway.

"I anticipate some day the campus will be smoke-free," said Fleming. "That'll be a hard decision to make."



A national decrease of youth smokers age 20-24 is not the same trend found on campus, as the number of daily smokers at MRU has jumped from 7.1 per cent in 2008 to nine per cent in 2010.

Students could lose thousands

by Miriam Ostermann

The Reflector

A controversial document, submitted to the provincial government by the Council of Alberta University Students, has left Alberta universities divided on an issue to eliminate the provincial tuition and education tax credits.

The proposal suggested that the government's budget for education tax credits — estimated at \$110 million — should be redirected into student financial aid.

For every month that a student is in school, the provincial government provides them with \$460 that they can claim against their taxes. Depending on a student's income, up to \$4,000 can be claimed.

Each year, the organization, commonly known as CAUS, submits an annual budget that specifies changes and adjustments the group is lobbying for.

While seen as a worthwhile investment by the University of Calgary, the University of Lethbridge and the University of Alberta — the three schools represented by CAUS — Mount Royal University and the Alberta Students' Executive Council (ASEC) oppose the idea. As a result, ASEC produced a document addressing its position and that of the 12 institutions it represents.

However, a counter-proposal has not been issued by ASEC or the Students' Association of Mount Royal University, said Meghan Melnyk, VP external. In the event that CAUS's submission gains traction in the legislature, a counter-proposal will be produced.

"Tax credits are incredibly beneficial to our students, and our students do use them," Melnyk said. "We have more and more of our students who work through school so the tax credits do benefit them when they get out.

"Tax credits, for their flaws, are a much better program than putting more grants out there because they're not being used and as widely available and

accessible to students in general (since) there are a lot of hoops you have to jump through (to get grants).

"But everyone files taxes, that's the beauty of it."

Melnyk said Mount Royal would like to see provincial money disbursed when students graduate and are burdened with everyday bills and payments. She said this plan benefits Mount Royal students because tax credits can be used for anything by anyone who helped pay for the education — such as a student's parents.

According to the *Edmonton Journal*, a student's provincial tax credit is worth about \$1,000 per year.

"For us it's about access," said Hardave Birk, chair of CAUS. "And up-front grants help accessibility much more than back-end assistance does, and tax credits are back-end assistance. I think at the end of the day, ASEC, CAUS and Mount Royal always want students to have the ability to go to school and have the options available to pursue a post-secondary education.

"CAUS is just putting it in a different way because we're looking at up-front access for students when they're first entering the system. We're talking about how to make the system better overall, and there's nothing wrong with having a conversation."

Psychology student Kitty Wharry disagreed with CAUS's reasoning, arguing that tax credits were a big incentive in her decision to enroll at Mount Royal this year. Wharry, who works two jobs, said students who have family financial support and minimal work hours have more time to focus on their studies, thus receiving higher grades and are eligible for more scholarships — tipping the scales in favour of students who don't have to work their way through school.

"It's just like when you save all your bottles, you don't get your money back until you go to the depot, and in the end it's as if you saved all that money aside," Wharry said. "Who are



Photo by Miriam Ostermann

The SAMRU, including VP external Meghan Melnyk, does not support a move to eliminate provincial tuition and education tax credits.

these people that say you can't have your own money back? People already have enough problems. Obviously, if you get your money back you are benefiting from it, and now it's as if I have to try to get money that I was entitled to."

Birk said the process of applying for some scholarships is fairly simple. Yet the proposal does not address any changes to the process in the future and there were no concrete details as to whether it will be made easier for students to apply for and receive financial aid if the government were to eliminate tax credits.

It boils down to accessibility versus affordability. Whereas ASEC considers affordability,

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CAUS's policy places focus on accessibility — raising enrollment.

"I've discussed this with CAUS, and their tax credit policy might work for the students that they represent," said Steven Kwasny, chair of Alberta Students' Executive Council. "However, the demographic of students that ASEC represents — just a wider variety of types of students — cutting tax credits wouldn't do much in terms of an overall benefit to students, and from that perspective we don't support it."

The proposal is currently in the hands of the provincial government, but more information should be released to organizations and Alberta students later this month.

October 7, 2010

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The Reflector is editorially autonomous and financially independent for all other governing bodies at Mount Royal University.

The Reflector welcomes newsworthy submissions from all students and community members. While the right of editorial comment is reserved for editors of The Reflector, opinion pieces may be submitted as letters to the editor, and may be published on the editorial page as such. The Reflector reserves the right not to publish submissions deemed by the Publishing Editor to be offensive.

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All decisions of the Ombudsboard are final and binding on both parties. Letters to the Ombudsboard must be sent in confidence, care of the Reflector Publications Society, to the Reflector Publications Society office.

Submissions and letters to the editor should be a maximum of 500 words, typed, double-spaced, and contain the writer's name and phone number. No unsigned letters will be published. Only in exceptional cases, at the discretion of the Publishing Editor, will writers' names be withheld. The Reflector reserves the right to edit submissions for brevity.

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Reflector Publications Society of Calgary

2010 Annual General Meeting Friday, Oct. 22, 2010 at 12:00 noon Wyckham House Foodcourt

All credit students are members of the Reflector Publications Society and are entitled to vote at society meetings.

AGENDA

- 1. Introduction
- 2. Approval of 2010/11 Audited Financial Statements
- 3. Approval of 2010/11 Auditors
- 4. Question Period
- 5. Adjournment

Recruiting Research Participants

Recruiting *undergraduate* students as participants for a research study into reading comprehension. The main task will involve reading a text and writing a short summary. The study should take approximately 1 to 1.5 hours and will be conducted at an office a few minutes walking distance from the MRU Lincoln Park Campus (main campus). You will be compensated \$20 for your time. Data collection will take place between October 25 and 29.

To inquire about the study or schedule a time please email <u>research.chiarella@gmail.com</u> and a research assistant will reply to your message.

If you have any questions about the study please contact the Principal Researcher: Andrew Chiarella, Assistant Professor, Centre for Psychology, Athabasca University at andrewc@athabascau.ca

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FEATURES EDITOR: Aaron Chatha

featureseditor@TheReflector.ca

October 7, 2010

QUICK QUIPS

ashion is what one wears oneself. What is unfashionable is what other people wear."

— Oscar Wilde

■ told my dentist my teeth are going yellow. He told me to wear a brown tie."

Rodney Dangerfield

II obody is expecting anything to come from us."

- Jonathan Roth

very generation laughs at the old fashions, but follows religiously the new."

— Henry David Thoreau

Photo by Josh Naud

gether. The younger look we see in magazines is very trim, very sleek. You're not going to a board meeting; the men in GQ want

something they can dance in. A suit is a complicated type of clothing, so being able to have a hand in its design goes a long way in making the right impression while wearing one. As they say, clothes make

"You get to come in (and) pick your material. So that

Ermenegildo Zegna must have it, because a suit bought directly from their website will cost you over \$100,000

But International Suit Up Day isn't about having the most amazing suit in the world. It's about confidence in wearing a suit just because you wanted to. So when Oct 13 rolls by, you're encouraged to put on the best blazer outfit you have and, in the words of Barney Stinson, suit up!

Love for the living dead

Zombie fans unite in costumes and clubs

by Aaron Chatha Features Editor

While some are using October to look for costumes of superheroes, pop culture icons or vampire chest glitter, there is a dedicated set of enthusiasts building toward one thing: the perfect zombie costume.

It's not hard to identify a zombie; the rotting flesh, the mindless hunger and the slow, ambling walk coupled with a few moans are dead giveaways.

The zombie is a powerful creature. Although slow and relatively weak, it represents the monster within humanity at our core, down to our basic survival instincts, is this all we really are?

Well, with some fake blood, tattered clothes and a copious amount of make-up, it can be.

And for the past six years, Calgary has held its annual zombie walk in October. This year it took place on Oct. 2, starting at Olympic Plaza and working its way downtown. Yearly, people come out in the hundreds, drawing crowds everywhere as they shamble and moan their way through the core, only pausing for photos and the occasional helping of brains.

"In our first year, some girls asked if we were real zombies or if we were dressing up," Laura Mac, one of this year's zombie walk organizers, recalled. "I instructed them never to talk to a zombie, just run away if they ever saw one."

The zombie walk brings out crowds of all ages, sometimes even whole families full of zombie children. Groups sometimes come dressed in theme — such as zombified version of the "Life Aquatic with Steve Zissou" cast, or, in an ironic twist, a group of zombie pro-lifers.

"It's even more amazing every year," Mac said. "They come with backstories, they took the time to do the small details. People get really creative."

This year the zombie walk is also shambling for a cause. They are trying to raise funds for the Calgary Food Bank, with food or cash donations. Even though the walk has ended, people can still donate to the food bank and give credit to the walk.

The walk itself has gone without major incident since it began. Even with such a large crowd, everyone generally sticks to the pre-designated route, without major injury or bad behaviour.



Photo by Vanessa Gillard

These zombie "pro-lifers" ambled through the streets of downtown Calgary, spreading their indoctrination and following roadsigns.

"Ninety-nine per cent of participants don't want to be disruptive. They just want to have an afternoon of fun" Mac said. These zombies even stop for traffic lights.

The zombie-related fun doesn't end with the walk. Halloween is just around the corner, and the Zombie Survival Society has made camp as a Mount Royal University club, headed by Adriel Allen.

With monthly meetings, the group plans to do zombiethemed events, such as movie premieres, board game nights and even zombie-themed laser tag. The group already has over 100 members signed up, and can be found on the SAMRU club listings website.

Allen didn't know what to expect from people when starting up the club, in fact, she half-expected people to laugh at her. But zombie must have a wide appeal because she was greeted by a lot of enthusiasm. People can find a lot to like about zombies.

"I like the variations of zombies," Allen said. There is the traditional, slow and dumb type, but the zombie genre has seen fast moving zombies or even smarter zombies appear in various media.

"It gets the adrenalin rushing,

watching zombie movies," Allen said.

Not content with just the zombie walk, the Survival Society hopes that there will be more events to dress up at.

"People enjoy dressing up, period, and escaping from everyday life" Allen said.

Allen also made it clear that the Zombie Survival Society would be the most prepared campus group should an actual zombie apocalypse occur. Allen herself wouldn't survive the entire ordeal though, according to her own scenario.

"I'd survive at least one month and a half. I'd be killed saving my baby."



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World's oldest profession goes legit



by Vanessa Gillard Sex Columnist

To many, prostitution is a dirty word that conjures up visions of drugs, disease and those patent leather boots that you could probably conceal a crowbar in (perhaps for good reason). Regardless of your view on the world's oldest profession, Canadian ladies and men of the night may soon be seeing a lot less of the inside of a jail cell.

The Globe and Mail reported that Justice Susan Himel has, to the complete shock of the litigants, struck down all three Criminal Code provisions that had been challenged: communicating prostitution, purposes pimping and operating a bawdy house. Justice Himel took a year to make her 131-page ruling and was presumably waiting for another ruling to cite in her decision: the six murder convictions in the Robert Pickton case.

Pickton is still awaiting trial for 20 additional charges of murder against women involved in prostitution in the city of Port Coquitlam, B.C.

Essentially, Himel has made the ruling because her concern is not for those morally opposed to the sex-trade or the results that come along with the plying of it, but the safety of those working in the trade. I like the term sex-trade, it summons the idea that you could go to school to get your journeyman (or journey-person) designation in prostitution. I'd buy the textbook just for fun.

So, will we be seeing redfive-storey brothels in our near future? Hopefully. Decriminalizing prostitution not only allows for further safety but also means that prostitutes may feel more comfortable charging pimps abuse, and generally cooperating with police in investigating many of those crimes that people associate, often wrongly, with prostitution. Decriminalizing prostitution can also curb human trafficking, which is the fastest growing criminal industry in the world preying primarily on children and

Paying for company and sexual satisfaction from another is by no means a new thing, and I mean on ladies, how many of you have gone on a date just to get it on? What? You're in it for the free food? You whore!

Sacred temple prostitution many ancient

societies,

and in Mesopotamia every woman was allegedly required to prostitute herself once in her life. They would go to the temple of Aphrodite and weren't permitted to leave until a man had tossed whatever amount of money he chose into her lap, then they would go to somewhere outside the temple and do the deed. As I'm sure we are all aware, some gals are



Illustration by Courtenay Davidson

Women in Mesopotamia were allegedly required to prostitute themselves once ${
m performed}$ in their life, and they had to stay in a temple until a man paid them for sex.

not as um...enticing as, well,

others, and because they had

to stay until they had some cash

plopped in their lap apparently

some stayed for two or three

years, and they didn't even have

One of the litigants in this

recent landmark ruling is a

dominatrix who said that this

decision is like emancipation

for sex-trade workers, and

Justin Bieber to obsess about!

when asked for reaction by the waiting press exclaimed, "I'm going to spank some ass. Legally!"

And perhaps every naughty ass she spanks with her trusty riding crop will, in some small way, be payback for all those years those more homely girls sat around waiting for some jerk to chuck some coins in

Legacy of marvels and merry-making

by Zoey Duncan **Publishing Editor**

Half-naked and sweating copiously, Gregg Gillis is buoyant, bounding up and down, over and over, behind his plastic-wrapped laptop in Wyckham House. On stage, he's surrounded by dozens of ebulliently dancing men and women, some wearing banana costumes, others in brightly hued plastic sunglasses. Beyond his perch, hundreds of frolicking souls are swaying, shouting and getting down to ultra-brief clips of songs they've grown up loving, while reams of Charmin Ultra are shot into the

"No motherfucker in this building should do homework tonight," Gillis proclaims at 1 a.m.

This riotous concert is the capstone to the week-long inaugural Legacy of Ideas event at Mount Royal.

"The rest of the (Legacy of Ideas) series is mostly speakers — which is great," said Lara Unsworth, centennial events strategist, "but we thought there's lots of other ways people express ideas too, in maybe unconventional ways."

Unconventional indeed. The show started with Shamik — a phenomenal beatboxer from Vancouver — spitting out unfathomably percussive syllables. Edmonton rapper Cadence Weapon got an already excited crowd further riled by running through the crowd, full of energy, but running on only a few hours' sleep.

Legacy of Ideas is meant to "engage audiences in open dialogue, debate and introspection." But while controversial mashup DJ Gregg Gillis — better known as Girl Talk — has kindled debate about copyright laws thanks to his unauthorized sampling of other artists' music, there wasn't much debate happening during the well-liquored show on Oct. 2.

There was, however, of mental stimulation for hundreds crammed into Wyckham House: Nintendo Wii remotes controlled kaleidoscopic

spotlights were on display for anyone with the patience to master the precise twisting motions. Laptops were hooked into LCD screens so that people could surf websites. or in the case of most rabble-rousers, so that they could play bizarre YouTube videos.

But visually stunning part of a provocative may been the canvasses commissioned by MRU

and created over the course of a week outside of West Gate before being hung in Wyckham Hous.

"They're just, 'here're the materials, go nuts,' " recalled Cey Adams, a veteran graffiti artist out of New York. "And I'm excited to have that opportunity, and it never gets old for me.

"And that's, you know, not something that I take lightly because they didn't know what the hell we're gonna do."

"They" are the centennial events committee and MRU administration, who wanted the first Legacy event to be student-focused and unexpected.

Adams' canvas evolved over the course of a week as he brushed and sprayed alongside Winnipeg's Pat Lazo and Calgary's own David Brunning, better known as TheKidBelo.



have Gregg Gillis, AKA Girl Talk, performed as part of the first Legacy of Ideas event on campus.

"I've been doing this (kind of art) a very, very long time so it's kinda fascinating to be here doing this kind of work at a university," Adams said. "Because I can remember back when nobody gave a damn about what we were doing."

Adams' swirling pinks and oranges give way to bold letters, "REACH" hurtling through a purple abyss alongside geometric rocks.

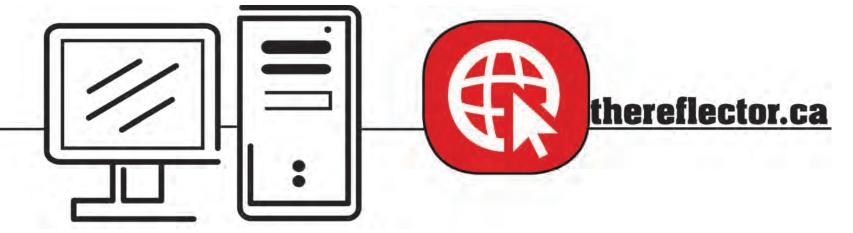
Lazo, who was the first artist at the one-of-a-kind graffiti gallery in Winnipeg, where he is now the art director, portrayed an artist, brush in hand, with an electric-blue current erupting from the top of his head.

Both out-of-town artists' works flow into Brunning's letter piece: a noisy-ina-good-way cacophony with vivid purple letters that are both angular and fluid.

"It's such a beautiful, universal language and people respect and recognize it from all walks and all cultures," said Brunning of graffiti. "It's cool that the university did that because really it speaks to (how) Mount Royal's pretty multicultural and it's also a university that embraces every type of race and every sexuality."

The final hanging place for the threepanel mural will be determined by an art expert, and based on light conditions and visibility, among other factors.

Though a night of exuberant dancing and visual arts is unlikely to live on in the history of Mount Royal University, the school's commitment to unconventional thinking will paint the experience of students for years to come.



SOCCER SHOOTOUT

After their game against a visiting Lethbridge College team, the MRU men's Cougars team walked away victorious with a final score of 1-0 in their Oct. 3 game. As well, our women's soccer team pulled off a 3-0 win over Lethbridge on the same day. Reflector photographer Jorden Dixon was there to catch the action.

ZOINKS, A ZOMBIE!

Organized in a mass shuffle downtown, Calgary zombies moaned and groaned in their quest to find the coveted brains. Reflector photographer and zombie apocalypse survivor Vanessa Gillard was there to catch the uprising.

REFLECTOR TV

Stay tuned for the second web episode of Reflector TV with Features Editor Aaron Chatha and Web Editor Kevin Rushworth as hosts. On this week's episode, there is a hot dog eating contest, a video from UFest and the Burning Down the House event at SAIT.





Photo by Josh Naud

PUMP IT UP On Saturday, Oct. 2, Girl Talk hit the stage in Wyckham House to the delight of a massive crowd. Reflector Photo Editor Josh Naud was there to get positively down to the groove and enlighten the website with a photo gallery.

Godless yet blessed

Why religion needs atheism



by Jesse Hove
Faith Columnist

Often in religious circles atheists get labelled as the cold-hearted scientists who care nothing of relationships and put stock only in quantitative study, the big bang and evolution. While atheists do not communally agree with the mantras of Christopher Hitchens' "How Religion Poisons Everything" and Richard Dawkins' call for "militant atheism," this often is how they are viewed.

If this is true, why then would an atheist couple in Inglewood donate a million dollars to a local church that believes in "growing as disciples of Jesus Christ" And why would English journalist and confirmed atheist Matthew Parris argue for evangelical missionaries in Africa? In a 2008 article he wrote for the *Sunday Times* called ('As an atheist, I truly believe Africa needs God.') Parris initially wanted to confirm the "Western academic sociologists' argument for "placing tribal value systems" in "a ring fence, beyond critiques founded in our own culture." The cultural relativism of "theirs' and therefore best for 'them' that saturates our academic world" has long been presented.

But through his own qualitative, relationship-based research he comes to a far different view:

"We had friends who were missionaries, and as a child I stayed often with them; I also stayed, alone with my little brother, in a traditional rural African village. In the city we had working for us Africans who had converted and were strong believers. The Christians were always different. Far from having cowed or confined its converts, their faith appeared to have liberated and relaxed them. There was liveliness, a curiosity, an engagement with

the world — a directness in their dealings with others."

This single case should not be used to draw conclusions on thoughts of missionary work, since the accounts of missionary-based atrocities against developing countries are many. What I see in Parris, and many of my atheist friends, is a devotion to honesty: a refusal to simply "go with the flow" in a socially constructed system.

The above-mentioned Inglewood couple consists of two men in a committed relationship, and they've had their share of persecution from religious organizations. Even so, they could not in good conscience let the community church perish when they knew the services provided — food, shelter and relationship support — would be deeply missed by the community.

Religions such as Christianity are increasingly losing their power and influence in a society where they once held sway. With each Catholic cover-up and televangelist

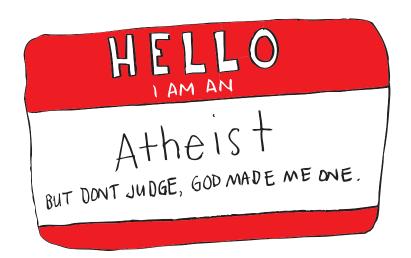


Illustration by Courtenay Davidson

Just because atheists don't believe in God, it doesn't mean they don't see the merits of organized religion. In fact, local atheists donated one million dollars to a Calgary church.

scandal, people are increasingly distrusting the religious institution.

Is there something that can be gleaned from the honesty of these atheists, despite the scorn they may face from some communities? I propose that religious communities relinquish any hold on the dishonest hierarchy that has often been enforced. Instead, we need to be open about our mistakes, and show that the power of faith does not come from the institution, but from the deity we claim to have encountered.



Photo by Sheena Manabat

Calgary's Plaza Theatre celebrates 75 years

Landmark grew from stable to silver screen

by Sheena Manabat The Reflector

In a relatively young city such as Calgary, The Plaza stands out as the city's longest-running theatre. The cozy and charming Plaza was once a stable before becoming the one screen independent theatre it is today. This year, the Plaza celebrates its 75th anniversary, complete with free screenings, film festivals and live music.

Pete Harris, the current programming manager, owes the theatre's success to the work of past programmers and managers. Since the midseventies, The Plaza has always been dedicated to being involved with film festivals and screening non-mainstream films.

"I think that in a city of a million, or 30 years ago, a city of three-qurters of a million, (The Plaza) always had its place," Harris says.

To celebrate The Plaza's milestone anniversary, the theatre will be screening many classic and cult films from the past between Oct. 4 and Nov. 11.

On Oct. 8 and 9, The Plaza will team up with the Japan Foundation, and the Consulate General of Japan in Calgary for

the 2010 Japan Film Festival. Films that have shown on screens across Canada will make their way to Calgary for two nights of contemporary Japanese cinema.

Jeremy Davies, of the Consulate General of Japan in Calgary was able to view all of the films before they screen at The Plaza.

"I've seen them all and they are all excellent. My personal favorite is I Just Didn't Do It. It's quite an eye-opening film," Davies said.

I Just Didn't Do It follows a young man's false accusation and trial for molesting a high school girl on a train. Screenings on the first day, which include I Just Didn't Do It, will be quite edgy while the second day of the festival offers more family-oriented films.

And of course, anniversary is complete without a party. The official Plaza 75th Anniversary Party will take place on Oct. 23 at 7 p.m. and will be free for alumni of the theatre. The festivities will include live music, beer and special screenings. For more info or for a full schedule of films visit www.theplaza.ca

Plaza Theatre Milestone Events:

Oct. 7:	Fragments – a multi-arts gala 7 p.m.
Oct. 8:	Memories of Matsuko 6:40 p.m. (Japan Film Fest) FREE Fight Club midnight FREE I Just Didn't Do It 9:15 p.m. (Japan Film Fest) FREE
Oct. 9:	Rashomon (Japan Film Fest) Noon Always- Sunset on Third Street 3:30 p.m. (Japan Film Fest) FREE The Battery -Future in our Hands 7 p.m. (Japan Film Fest) FREE Slime City Massacre 9:30 p.m. (Splatterfest!)
Oct. 10:	E.T. The Extra-Terrestrial 11:30 a.m. FREE Maniac 7 p.m. (Splatterfest!)
Oct. 11:	Grease SING-A-LONG 1:30 p.m. Up North 4:30 p.m. Life Cycle - Mountain Bike Film 7 p.m.
Oct 12:	Memento 9:30 p.m.
Oct. 13:	The Storming - Snowboard Film 7 p.m. Brazil - 9:30 p.m.
Oct 14.	Harishchandrachi Factory 6:30 (Hidden Gems

Being John Malkovich 9:20 p.m.

Brokeback Mountain 7 p.m.

Film Fest)

Oct. 16:

ARTS EDITOR: Claire Miglionico artseditor@TheReflector.ca

October 7, 2010

SPOTS

Good ol' Broken Social Scene will be hitting up Mac Hall Oct. 8. And you know what? Good ol' Reflector is giving away a pair of tickets! Tweet us @reflectthis or visit us on Facebook to be entered in a draw.

Want an early taste of Halloween? Make your way down to Canada Olympic Park to scream your lungs out at this year's ScreamFest. Six haunted houses + 3D glasses for your screaming pleasure. The killer event starts Oct. 8. and ends Halloween day.

🔁 irl Talk killed it as Legacy of Ideas' first campus centennial event."Protecting our Earth's Future" will be our second event to take place here at Mount Royal. It will feature environmental activists Maude Barlow. Vandana Shiva and more.

Alberta Fashion Week in Review

Gorgeous garb was on display Sept. 26-Oct. 2

by Toran Kumari and
Jotyi Soroya

The Reflector

September 26, 2010

Opening night kicked off with Ruby Ellen Johnson's earthinspired collection for Ruby Ellen Designs. Set to new age music with an interpretive dance down the runway, the designs grabbed the audience's attention. Inspired by nature and designed for every body type, her designs possessed a fairy tale quality. Crabapple Clothing Company brought classic comfort and easy-to-wear pieces. Figure-friendly sweaters, scarves and boots were a recurring theme — perfect to combat the crisp breeze of autumn air. Lily's Fashion Creations closed the evening by debuting trendy designs — very appealing

to the mostly 20-something crowd. All three designers brought the glitz and glamour of high fashion to Calgary with fantastic models. Engaging and relatable, women and men of varying shapes and sizes strutted the catwalk, resulting in a great success for opening night.

— T.K.

September 27, 2010

Ivy Rose Custom Design, Pout Clothing and NRT Fashions made up Alberta Fashion Week's Day 2. The evening contained an eclectic mix of pieces, from casual wear to business wear. Rachel Haggerty from Ivy Rose Custom Design proclaims she has a "quirky sense of style" — a statement corroborated by her neon green corset — and draws her

inspiration from close family and friends. Pout Clothing designer Kirsten Summersgill designed her collection with the goal of creating "a lot of pattern." Her designs were quite vibrant and feminine, ranging from free flowing silky dresses to tight minis — perfect for a summer garden party or a business gala. Summersgill says she makes her clothing "for women who love dressing up."

NRT Fashions was the "it" collection of the night. "Escrime," French for "fencing" was the name of the collection. With a Lady Gaga feel, each model wore masks used in the sport, outlining NRT Fashion's designer Nicole Rita Tomney's creativity. She kept the audience engaged and impressed and despite a model tripping on the runway, she handled herself with poise (an endearing quality) and Monday evening ended very successfully at Alberta Fashion Week.

— J.S **WEB EXTRAS**

For more coverage check out

TheReflector.ca



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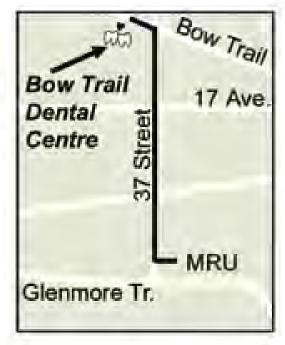
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War rugs evoke mystery

Afghans weave military into art

by Edward Osborne

The Reflector

Here in the west, the feel of the times is reflected in a few forms of media. Our songs, our movies and our art often address the issues our culture is coping with.

In Afghanistan, those issues can be seen in weaving. The turbulent history of the country finds its way into "war rugs" woven with patterns of weapons and vehicles. The Military Museums in Calgary Western Canada's largest such museum — is currently displaying the Unravelling the Yarns: War Rugs and Soldiers exhibit in the Founders Gallery, which features a number of rugs from Afghanistan and Pakistan.

The first few seem like regular throw rugs, except where one would expect geometric patterns, there are brightly coloured tanks and helicopters. They are stylized to the point of being barely recognizable, and if they were on the floor of a room you would be unlikely to notice them. As you walk through the gallery, the images

change; rugs featuring AK-47s, rocket launchers, and maps of Afghanistan adorn the walls.

A chronology emerges, with rugs from the invasion in 1980 through the Soviet occupation, the civil war and the American overthrow of the Taliban. The new rugs are very different, with graphic images of the twin towers or American fighter jets on a thick poster-like mat. While the early rugs were a very personal response to the culture of war that gripped the country, these new posters are designed with foreigners as the primary purchasers. They are bright and shocking, but somewhat cheap in their manufacture.

The rugs come from the collection of Robert Fyke, Calgary collector who aggregated 48 different pieces before his death in 2009. The majority of his items came from a dealer named Ijaz who traveled to Pakistan on a regular basis to purchase silks and other textiles. There are a few other collectors in Calgary, and many soldiers with one or two rugs of their own, but the Fyke collection is the largest of its kind.





Photos courtesy, Military Museums

These rugs depict events of

Spliced into the exhibit are a number of demonstration weapons and equipment, all disabled and displayed next to their woven representations.

Michele Hardy, curator of the Military Museums, chose which rugs would be displayed, while Sgt. Chris Mavin chose the props and designed a diorama of "shura." Shura is the Arabic word for consultation, and most of the meetings and negotiations in Afghanistan take place seated around a rug or mat. While war rugs are not used for this purpose, the presence of a rug is an invitation to conversation.

"These are really weapons of the weak," Hardy said. "These objects are there to provoke discussion."

The actual intention of the war rugs is often vague or difficult to interpret. Right now the makers are anonymous, and their distribution method is shrouded at best. But Hardy hypothesizes that "one day, there will be a better sense of what their maker's incentives were."

Until then, the expressions of war-torn Afghanistan can be viewed in the Military Museums Founder's Gallery until January 2011 and are available online.

War as functional art not uncommon

Afghanistan is not the only place to record their trials in thread.

Plenty of Palestinian tapestries and blankets have featured weapons of the Israeli occupation, and before that Hmong story cloths recorded a peoples' flight from their homeland in Southeast Asia.

When Chile was under the brutal rule of Augusto Pinochet, more than 3,000 people were abducted or murdered by the government. One of the only outlets for the political protests of the oppressed populace were a series of burlap tapestries known as arpilleras.

In the same tradition, women in Afghanistan may be weaving these war rugs as a way to have their voices heard.

Artist embraces world wide web

Local photographer uses blog to promote art

by Claire Miglionico

Arts Editor

Meet Randy Gibson, local freelance photography guru who shoots at pretty much anything that moves. He is the proud creator of multiple blogs that showcase his creative endeavors. He devotes a lot of his time updating his blogs, getting up every morning for coffee and just "going at it for Beano.

"A lot of that is sometimes preparing a work to be put up on the Internet. I would consider that blog time because it takes time. Also, a huge part of it is reading. Oh God, I read so many. I get up and I read two or three news sites and then I read my blogs," he said.

Photography runs in the family. Gibson's father used to bring him to air shows as a kid.

"I remember (my dad) always having a camera. He had big long lenses and he would take photos of airplanes at the air shows and he would let me shoot. He's basically the inspiration behind a lot of my interest in (photography)," he

Gibson remembers acquiring his first camera in Grade 2; he won a cross country race where the prize was a camera. He says he still owns it to this day.

Gibson started blogging seven years ago at age 21. He says early blogging was very similar to writing an email, which was apparently quite boring compared to present-day blogging.

"Blogging wasn't really that popular per se when I first started dicking around with the hours," he said in a meetup at Internet and the only reason I cosy neighborhood coffee Caffe was dicking with the Internet was to get my photos up on a web site. Blogging came quite a bit after. I got into blogging because it became easy and I've tried every blogging platform there is under the sun and I'll tell you what, they've come an awful long way," he said.

Gibson struggled to identify his many blogs. He has a blog named randygibson. tumblr.com on his photo web site, RandysBigPicture and RandysBigVideo blogs that can be found on blogging site Tumblr — which Gibson favors for its practicality - a collaborative blog called The Modern Leisure and Vimeo and Flickr accounts where he posts videos and photos accordingly. He also contributes to calgaryisawesome.com on a regular basis.

"Maintaining all this shit used to stress me out a lot but I've just come to the fact that I started them all for certain reasons and I should just stick with that, you know what I mean? The only thing I would ever do is hopefully one day just give them all their own dot coms," he said.

Gibson has daily blog readers from around the world and has tracked up to 500 people a day browsing his BigPictures blog.

"Everything is so digital now. I feel like it's easier to get an audience in the sense that you can shoot a photo, go home, put it on your computer and it can be on the Internet accessible to the Earth — for all instances and purposes — within 10 minutes and I love that," he said.

"Facebook has helped me get a lot of readers because you can connect Tumblr to Facebook and vice versa. The way Facebook spreads information amongst friends and users is incredible. It gets people to click — they love clicking you know — so you just got to get them there." Blogging has been extremely rewarding for Gibson.

He said: " I've met some amazing people through that, through them being like 'I love

your blog, let's go out for a coffee.' There was a time where there was a stigma around that, that it was kind of creepy but this is life now. It's like the world is changed and the technology is there (so) we

should embrace it, you know?"

" One thing I would love the world to know is that better gear does not make you a better artist. Technology is so amazing now you don't need fancy things," he concluded.



Randy Gibson is portrayed here at Caffe Beano. He shares that he does not particularly like his photo to be taken.

Noise 101

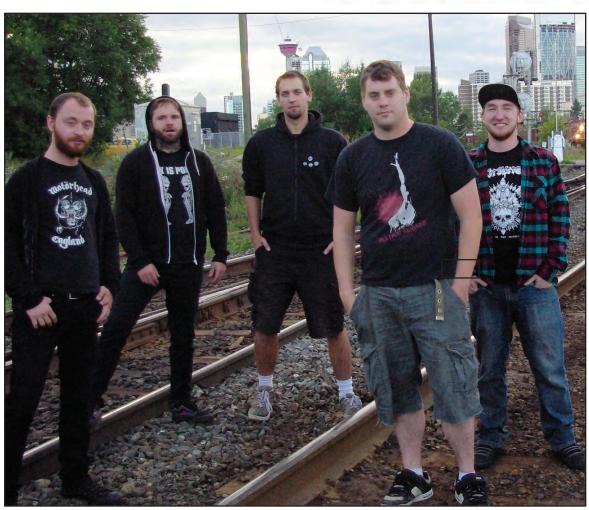


Photo by Sarah Kitteringham

Local band Wake is much more than just a grindcore band or a crust band. The band messes with a variety of musical genres and has been writing black metal and noisy hardcore.

Get rich or die grinding

Local band Wake are "hardcore" fugitives

by Sarah Kitteringham

The Reflector

Careening down the highway while attempting to make a break for the Alberta border with police cars and a helicopter on your trail would be unnerving for even the most hardened of criminals.

For Calgary metal act Wake, it is just another hilarious tour story to reiterate while sitting in guitarist Sergey Jmourovski's backyard and snacking on the apples tumbling from the trees. Needless to say, the five-piece doesn't take their "fifteen-minute fugitive" status seriously, thanks to lenient police officers who let them off after they begged "the poor musician case."

"We are a grinding hardcore band," said Jmourovski, who has also played in Calgary acts Baikal and Snake Mountain.

Obviously, as players of said genre, the band can call themselves "poor musicians," despite being remarkably busy in their short year together. Not only have they toured the United States, but have also self-released their *Surrounded by Human Filth* seven-inch. It reached No. 1 on the metal charts at CJSW and they are primed to embark on their second tour. They have also written eight songs for their upcoming full-length.

"Our songs are pretty diverse.

Not technically, but our style," said bassist Rob Strawberry, who played in Mystical Unicorn and Zeitgeists and has been booking his own shows for 12 years.

"It's hard to pigeonhole us, to say we are a grindcore band or a crust band."

Indeed, Wake plays an amalgamation of several extreme genres, with tunes featuring the constant battering of snare and bass, surprisingly catchy guitar licks accentuated by tremolo picking and alternating screeching/howling vocals with remarkably beautiful lighter sections that contrast to the utter grimness of the heavy. Wake is as nihilistic lyrically as they are instrumentally, and vocalist Shayne Baker — formerly of The Dead Will Rise and Collapsed Empire, and currently of With Wings We Vanish — describes his themes as centering on "hatred of mankind."

"The stuff we've been writing, some is black metal influenced, some of it is noisy hard-core influenced," explained Jmourovski of their new tunes, which will be featured on the upcoming album.

With a working title of *Speciest* — which is a hatred of all humans because they are human — it is clear we can expect certain things from the album's 13 potential tracks. However grim this all seems, the band

isn't totally serious. Bassist Sean Faren — also of Mark of Cain and Gummers — notes that in contrast to his bandmates who throw out catch phrases such as "kill everybody," "be uber grim" and "get rich or die grinding," he finds himself "super out of place."

He isn't entirely, though he is certainly the only member who spends the entirety of each performance with an endearing grin plastered across his face. Most of the responses Wake provides during the interview are provided with a laugh, and overall the band knows what they ultimately aim to achieve, sans bleakness: "Play superfast music and have a good time."

By way of a conclusion, drummer Tyler Dergousoff — also of Mark of Cain and Gummers, formerly of Valour and Bitch Kryptonite — said the band wants to "spend as much time in the van as possible."

Drive on.

See Wake play on Oct. 14 at Broken City with Truck!, Asthma Attack and Sigil, and on Nov. 13 at the Hifi with Breathe Knives and Kataplexis.





For more music reviews, check us out online

TheReflector.ca



Constellations *Southern Gothic*

A CD called *Southern Gothic* might seem like the soundtrack to *True Blood*, but the Constellations debut album is a far cry from banjos

and vampires. A hip-hop slash rock-band super group, every one of their songs encourages an audience hand clapping percussion part. The group is based in Atlanta, Ga., and the entire album is built around the city's underbelly as a concept. A twisted cover of Tom Waits' classic "Step Right Up" is a highlight, along with songs about oral sex and the season of autumn. But it is the final track, "On My Way Up," that brings the album to a climax. Southern Gothic is in its natural home when driving through city streets late at night.

— Edward Osborne

tricate lyrics and creative composition. Like most of their other albums and also a good wine, *This Is Happening* requires time to be fully appreciated, but once you've absorbed it all, you'll find that the music has become immersed in your psyche. Their previous albums contained a discordant ca-

cophony that accompanied the

more experimental songs, but

This Is Happening has a more mature and finessed feel to it.

Not to worry, the songs have

not been auto-tuned to the

ment. The album feels divid-

ed in two, alternating songs

– Tristan Smyth

point of banality.



LCD Soundsystem
This is Happening

Previous LCD Soundsystem offerings have dissected both modern culture and our concepts of the dance/electronic music genre through their in-



Barenaked Ladies *All In Good Time*

After the departure of front man Steven Page, the Barenaked Ladies have taken their new album *All In Good Time* as a chance to experi-

between Ed Robertson and Kevin Hearn. Robertson's songs have a similar vibe to BNL's 1998 single "One Week." Hearn's songs are often more dreamy, sounding distinctly similar to his own side project Kevin Hearn and Thinbuckle. The opening track, "You Run Away," is great, but there are plenty of other songs that you might find yourself humming after listening. Thankfully, there is nothing on this album that is even remotely like "If I had \$1,000,000."

— Edward Osborne

a sugar-coated pop album that fails to impress.

But on the third listening, Perry's songs grow on you and it suddenly becomes an alltime favorite to blast off in the car.

As a bonus, the record has two secret electro remixes of "California Gurls" and "Teenage Dream."

Although I am a bit ashamed to admit, even the super trashy lyrics "let me see your peacock" from "Peacock" become ridiculously addictive.

— Claire Miglionico



Katy Perry Teenage Dream

Perry's newest record is surprisingly catchy and overall better than that awfully annoying song "I Kissed a Girl." On first look, *Teenage Dream* is

Hot new Panda

Edmonton band refreshes lineup

by Sarah Kitteringham The Reflector

The four members of Edmonton psych-pop-rock act Hot Panda are stuck in traffic between Toronto and Montreal. Despite this temporary setback, the quartet is in high spirits: the band is starting fresh with a new member replacing another and their resulting new album How Come I'm Dead?— to be released on Oct. 12 — calls to be more fun than its predecessor.

One day while walking the streets of Vancouver, the foursome stumbled upon a box of revelatory free books.

"There was this book sitting

right on top called *How Come I'm Dead*," says drummer Maghan Campbell with a laugh.

"It had this hilarious picture of an old man on the front, so we picked it up and it turned out it was about this Vancouver coroner from way back in the day. It looked so funny that we grabbed it and kept joking we should call our record that."

The album cover features a photo of vocalist and guitarist Chris Connelly's mother on a camel in Greece in 1970.

Although the cover art for *How Come I'm Dead?* is at odds with the title, the lyrics fit a similar theme and are awash with undercurrents of sadness.

"We are gone so much it

feels like we don't really have a home," says Campbell, explaining the cover choice.

The instrumentation for *How Come I'm Dead*? in no way mirrors this moroseness. Instead, it reflects the band's mantra of "have lots of fun, be nice, and keep it light!"

From chaotic fuzzed-out guitar work alongside vocal

harmonies, to country-infused ballads with gloomy keyboards, to dreamy noise with an electro dance and pop punk influence, *How Come I'm Dead?* is good plain fun born from the addition of Catherine Hiltz — an old friend who joined Hot Panda after the departure of bassist Keith Olsen. Keyboardist Heath Parsons rounds out the

band's quartet.

Olsen's departure left the band in a fragile state not knowing whether or not it could keep going. But thanks to Hiltz, Hot Panda is reliving its debut as a band.

"I was really happy to get back to that place again because it's how we felt when we started our band," says Campbell.



Courtesy of Kim Juneja

Hot Panda is a psych-pop-rock quartet hailing from Edmonton.





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Dont Be A TOSSER

THE LISTINGS PAGE

FILM

GLOBE

(617-8th Ave. S.W., 403-262-3308) Oct. 7-21, 2010

Call for screenings and times.

THE PLAZA

(1133 Kensington Rd. N.W., 283-2222) <u>theplaza.ca</u> Oct. 7-21, 2010

Call for screenings and times.

THE UPTOWN

(612-8 AVE. S.W., 265-0120) <u>theuptown.com</u> Oct. 7-21, 2010

Call for screenings and times.

DANCE

U of C Dance Program: Nov. 25-27, Dance Montage. finearts.ucalgary.ca. University Theatre, U of C. Dancers' Studio West: Oct. 22-23, Prairie Dance Circuit; Oct. 27-30, Artists in Residence; Nov. 4-6, Professional Presentation Series #1, Susie Burpee. 403-244-0950. dswlive.ca. Dancers' Studio West Theatre, 2007 – 10 Ave. SW.

THEATRE

Ghost River Theatre: Dec. 9-18, One. 403-240-7469, www.ghostrivertheatre.com. Joyce Doolittle Theatre, 2140 Pumphouse Ave. SW.

Theatre Junction: Oct. 13-16. The Ballad of Ricky

and Ronny: A Pop Opera. 403-205-2922. www. theatrejunction.com. The Grand, 608 – 1 St. SW. Morpheus Theatre: Dec. 15-19, Ali Baba and the Forty Thieves. 403-216-0808. www. morpheustheatre.ca. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Jubilations Dinner Theatre: Until Nov. 2, Greased; Nov. 12 – Feb. 6, 2011, night at the Museum of Rock and Roll. 403-249-7799. www.jubilations.ca. 1002 – 37 St. SW.

Fire Exit Theatre: Until Oct. 9, This Waking Moment; Dec. 15-18, 2000 Candles. 403-640-4617. www.

fireexit.ca. Engineered Air Theatre, Epcor Centre

Ground Zero/Hit & Myth Productions: Nov. 4-20, Reasons to be Pretty. 403-221-3708. gzt.com Studio Theatre, Vertigo Theatre Centre, 115 – 9 Ave. SE.

Alberta Theatre Projects: Until Oct. 9, The Penelopiad by Margaret Atwood; Oct. 19 – Nov. 6, The Last Dog of War; Nov. 25 – Dec. 30, Seussical. 403-294-7402. www.atplive.com. Martha Cohen Theatre, Epcor Centre, 205 – 8 Ave. SE. Vertigo Mystery Theatre: Until Oct. 10, Twelve

Vertigo Mystery Theatre: Until Oct. 10, Twelve Angry Men; Nov. 13 – Dec. 12, The 39 Steps. 403-221-3708. <u>www.vertigotheatre.com</u>. Vertigo Theatre Centre, 115 – 9 Ave. SE.

Theatre Calgary: Oct. 19 – Nov. 7, Lost: A Memoir; Dec. 2-26, A Christmas Carol. 403-294-7440. www. theatrecalgary.com. Max Bell Theatre, Epcor Centre, 205 – 8 Ave. SE.

U of C, Dept. of Drama: Oct. 26 – Nov. 6, The Liar; Nov. 30 – Dec. 11, Perfect Pie. 403-210-7576. www. finearts.ucalgary.ca. University Theatre, U of C. Lunchbox Theatre: Until Oct. 9, Ways and Means by Noel Coward; Oct. 18 – Nov. 13, In Flanders Fields; Nov. 22 – Dec. 18, With Bells On. 403-265-4292. www. lunchboxtheatre.com. Lunchbox Theatre, 115 – 9

Broadway Across Canada: Nov. 2-7, Grease. 403-297-8000. <u>www.broadwayacrosscanada.ca</u>. Jubilee Auditorium, 1415 – 14 Ave. NW

Centre Stage Theatre: Oct. 13-17, The Astonishing Adventures of Awesome Girl and Radical Boy @ Motel, Epcor Centre for the Performing Arts, 205 – 8 Ave. SE. 403-208-6736. www.centre-stage.ca. Various Locations.

The Shakespeare Company: Oct. 21-30, Macbeth. 403-852-2273. <u>www.shakespearecompany.com</u>. Vertigo Studio Theatre, 115 – 9 Ave. SE.

Pegasus Performances: Oct. 22, 29, & 30, and Nov. 5, Scary Puter & the Corrupted Hard Drive. 403-246-4811. www.greatfun.ca. Deane House, 806 - 9 Ave. SE.

Mob Hit Productions: Nov. 18-20 & 23-27, Based on a Totally True Story. <u>www.thisisamobhit.com</u>. Arrata Opera Centre, 1315 – 7 St. SW.

Rogues Theatre: Oct. 27 – Nov. 6, Some Girls. 403-263-0079. <u>www.roguestheatre.com</u>. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Liffey Players: Until Oct. 9, Doubt: A Parable. 403-263-0079. <u>liffeyplayers.com</u>. Pumphouse Theatres, 2140 Pumhouse Ave. SW. Front Row Centre Players: Nov. 5-20, Chess; Jan.

7-22, The Producers. 403-263-0079. frontrowcentre. 22 Pumphouse Theatres, 2140 Pumphouse Ave. SW. Sage Theatre: Until Oct. 9, Blood: A Scientific Romance; Nov. 24 – Dec. 4, The Blue Room. 403-263-0079. www.sagetheatre.com. Pumphouse Theatres, 2140 Pumphouse Ave. SW.

Stage West: Until Nov. 7, Tuesdays with Morrie. 403-243-6642. www.stagewestcalgarv.com. Stage West Theatre Restaurant, 727 – 42 Ave. SE.

Knox Centre Theatre Collective: Nov. 12 & 13, Just Acts Play Festival. 403-269-8382. Knox United Church, 506 – 4 St. SW. **Loose Moose Theatre Company:** Fridays & Saturdays, Theatresports, Micetro Impro, Gorilla

Theatre, and More or Less; All Oct., Homecoming 2010; Dec. 2-18, Chrismoose Carol. 403-265-5682. www.loosemoose.com. Crossroads Market, 1235-26 Ave. SE.

Downstage: Nov. 18-27, Uprising @ Motel, Epcor Centre. 403-294-7459. downstage.ca.

SPECIAL EVENTS

Green Fools Theatre: Oct. 30, Halloween Howl. 403-237-9010. www.greenfools.com. Various locations.

MUSIC

BD&P World Music Series: Oct. 27, Spanish Harlem Orchestra with Septeto Nacional Ignacio Pinero; Nov. 30, Bela Fleck and the Flecktones with Alash . 403-299-8888. epcorcentre.org. Epcor Centre, 201

Carma Acoustic Blues Series: Oct. 22, Paul Reddick; Nov. 6, Sue Foley & Peter Karp. 403-299-8888. epcorcentre.org. Jack Singer Hall, Epcor Centre, 201 – 8 Ave. SE.

The Gateway Lounge: Oct. 7, The Dreadnoughts. 284-8760. www.saitsa.com.SAIT, 1301 – 16 Ave. NW. Calgary Pro Musica Society: Nov. 7 & 8, Aspen

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t. 403.440.6517 mtroyal.ca/recreation like us on facebook Chamber Ensemble. 403-244-8277. www.calgarypromusica.org. Rozsa CEntre, U of C. Calgary Opera: Nov. 20, 24, & 26, Lucia di Lammermoor by Donizetti. 403-262-7286. www.jubileeauditorium.com/southern. Jubilee Auditorium, 1415 – 14 Ave. NW

VOLUNTEERS

FLAIR FOR THE DRAMATIC? Bring your spontaneous nature to **Heritage Park** as a ghoulish costumed character for Ghouls Night Out. Call Bonnie at 403-268-8563.

DANCE UP A STORM. **CPAA** is looking for volunteers for our new Dance without Limits Saturdays 4-5. Email Marci at <u>marci@cpalberta.com</u>. HELP THE EARTH. Volunteer for **REAP's Annual**

Calgary Earth Charter Summit on Oct 9 Sunday! Eau Claire Market from 12 - 4 pm. Contact stephanie@reapcalgary.com or 403-862-2874. DO SOME GOOD. Volunteer, share our story & raise funds for kids & families at Hull Child and Family Services.Call Bethany at 403-238-7970LOVE MUSIC? Land's End Chamber Ensemble, renowned performer of new music, currently seeks new volunteer board members. Email Renee renee. delorme@hotmail.com/DELIVERY ELF. Santa's Secret Service is in need of a daytime delivery Elf. Please phone Lisa at 403-257-8339.

BREATHE IN. The Calgary Region Airshed Zone needs you! Contact us today and start improving your air quality! Call Alyssa at 403-268-8878.

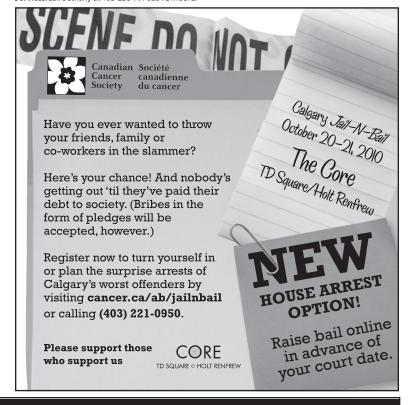
ASK AROUND. CPAA is looking for Volunteers to join the Funding request committee. Call Marci at 219-3610 or email marci@cpalberta.ca

of Alberta is looking for photographers. Call Erin at 403-249-0853.

HEY YOU DON'T HAVE TO WEAR A SUIT! What an opportunity to go behind the barriers in Gasoline Alley Museum and get your hands dirty at **Heritage Park**. Call Bonnie at 403-268-8563.

SPEAK ENVIRONMENT? Help increase science literacy in schools by presenting on environmental topics for **Calgary Science Network**. Email Karla at volunteers@calgarysciencenetwork.ca.

ADOPT-A-FAMILY. Volunteer this season by being a part of **NeighbourLink's** Adopt a family program. Call LeeAnne for more details 403-538-7314.





Double-dose of history?

Cougars' star has one record, on verge of another

by Blaine Meller Sports Editor

There's an old adage in sport: records are meant to be broken. It would seem Gillian Doubleday has heard this as

Doubleday, playing for the Cougars Women's Soccer team, has already secured one record this year, that being top spot on the Cougars' all-time scoring list. With 12 goals in seven games this season, not including an Oct. 6 match SAIT, Doubleday has notched 36 goals with the Cougars. That's the first

One down, one to go.

Doubleday's 36 goals with the Cougars, along with the four she scored for SAIT in 2007-08, leave her only six shy of the all-time Alberta Colleges Athletic Conference (ACAC) mark, which is currently held by Lauren Leismeister who potted 46 goals in 38 career games for Medicine Hat

"I am aware of it. It is in the back of my mind," said Doubleday of the ACAC record.

After the Oct. 6 match with SAIT, the Cougars will close out the season with two road games against Lakeland and Red Deer. So far, the squad sits with a perfect 7-0 record, having scored 32 goals while yielding only four. Doubleday credits a number of things, including always-improving team chemistry.

"I think we've found a lot of chemistry up front for sure, especially with myself and Meghan (MacDonald). We really play well off of each other," she said. "We really are all about team and what our overall goal is, winning provincials and going to nationals."

On the field, Doubleday is

knows how I am," she said.

Translation: Doubleday is a player who likes to compete, loves to score and be a contant offensive threat, and wants to

Fusco agrees.

"We've had this conversation before, where she has wanted to play the full 90 minutes," he said.

"We looked for Gillian to have a good season. She's been a little streaky actually putting balls into the net, but she has created a lot of chances," said Fusco, citing one particular game where Doubleday had two goals and eight chances.

Doubleday is currently in her third stint with the Cougars, having played here previously in the 2003-04 and 2005-06 seasons. Her focus and ambitions are different this time around.

"Back then I was in Open Studies. I wasn't really sure what I wanted to do. I was here basically to play soccer," she said.

Now, through her work Wood's Homes, that organization helps troubled youth and their families, Doubleday pursuing an education and career in social work. And she continues to help drive the Cougars

toward their ultimate goals, a

provincial national

Doubleday knows the challenges ahead, admitting that nothing is a foregone conclusion at this point, especially with the

strength they will face in northern division

division at 7-0-1, was the topranked team in the CCAA as of Sept. 28. Mount Royal is the next highest ranked Alberta squad at No. 9. Doubleday knows Concordia, and ACAC Championship hosts NAIT, will be tough tests.

"I think it's going to be a mental thing. I know we have the skill to do it," she said. "The north's top teams are a little stronger than what we play, but I think are

the top team in the north chances are good if we're able to put everything together."

Part of getting ready for the playoff challenges is to continue to gel as a team and get injured players healed. Doubleday herself was walking gingerly after the Lethbridge game, describing the injury as a sore achilles.

Doubleday also knows the challenges she will face in pursuit of the ACAC scoring record, especially in wanting to set the record this season.

"Tino knows about it, but I think I'm thinking about it more than anybody, especially with how close I am now."



sportseditor@TheReflector.ca

October 7, 2010

BY THE **NUMBERS**

13,879:

Number of days since Paul Henderson's historic goal against the USSR. Henderson's goal on Sept. 28, 1972, lifted Team Canada to a 6-5 victory in Game 8 of the Super Series.

Number of **Calgary Flames** jerseys to have only been ever worn by one player: Derek Morris (53), Steve Begin (57) David Van Der Gulik (59) and Michael Nylander (92).

54,124:

The number of home runs and RBI's contributed by Toronto Blue Jays right fielder Jose Bautista this season. Previously, his best were 16 and 63 respectively.



Cougars golden on greens

MRU claims multiple ACAC golf titles

by Blaine Meller Sports Editor

It isn't rare to see cougars prowling the foothills of Southern Alberta.

However, Cougars stalking the fairways at Wintergreen Golf Course had a different prey in mind: ACAC

The Cougars' men's and women's golf squads each captured team gold at the 2010 ACAC Championships, held at the popular Bragg Creek course

Sept. 30 and Oct.1.

The Cougars captured the men's team title by an astonishing 32 strokes over second-place MacEwan, while the women finished two ahead of second-place Lethbridge.

On the men's side, Mount Royal golfers claimed the top seven positions, with Nathan Schurr winning gold with a combined score of 147. Craig Bloom finished with silver at 149 and Wallace O'Neil took bronze, also at 149.

Rounding out the top sevenwere Gerry McDonald (150), Kolby Kniel and Jeremy Vold (153) and Ryan Tofani

Mount Royal's Pedersen captured individual gold on the women's side, carding a two-day score of 176. Lauren Schmidek placed fourth at 184 and Katie Benoit eleventh at 204.

Next up is the PING CCAA National Golf Championships Oct. 11-15, at The Dunes Golf Course in Kamloops, B.C.

Final Standings

Men

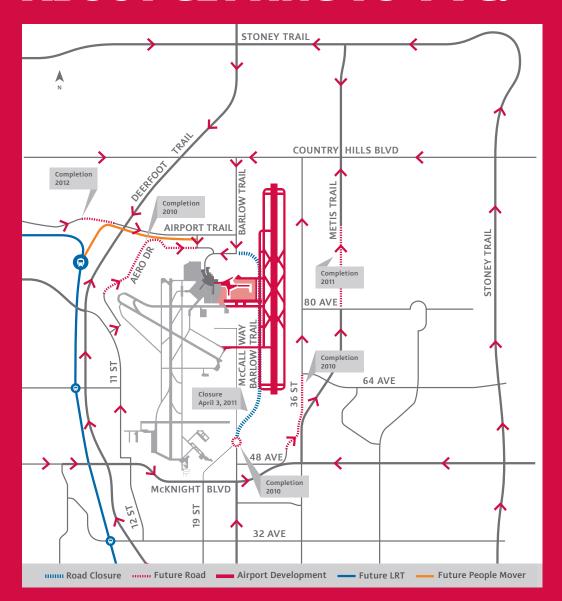
Women

- 1. Mount Royal
- 2. MacEwan
- 3. Red Deer
- 4. Lethbridge
- 5. Nait
- 1. Mount Royal
- 2. Lethbridge
- 3. MacEwan
- 4. Red Deer
- 5. Concordia

GAMES TO WATCH Women October 16 vs. NAIT 7:45 p.m. October 15 vs. NAIT 7:30 p.m. BASKETBALL Women October 22 vs. Medicine Hat 6 p.m. Men October 22 vs. Medicine Hat 8 p.m. OLLEYBALL Women October 30 vs. Medicine Hat 6 p.m.



WHAT YOU NEED TO KNOW ABOUT GETTING TO YYC.



THE CALGARY AIRPORT AUTHORITY IS **DEVELOPING YOUR INNER CITY AIRPORT.**

Calgary International Airport is growing to meet the needs of travellers and to support the city's continued economic development. On April 3, 2011 Barlow Trail between 48th Avenue and Airport Road NE will close to accommodate planned development. Access to the Airport will continue to be quick and easy for the public, travellers, emergency responders and employees from multiple routes.

- > DEERFOOT TRAIL
- > AIRPORT TRAIL
- MÉTIS TRAIL (scheduled completion 2011)
- > COUNTRY HILLS BLVD
- > BARLOW TRAIL NORTH > 36TH STREET NE

As part of YYC's Airport Master Plan, the Authority has set aside land for a future link to Calgary's existing LRT system. The City of Calgary Transit plan has provision for a future North Central Line, which will include a transit hub immediately west of the airport. This station location could also link to future commuter rail and high speed rail, providing excellent public rail connectivity directly to YYC's air terminal building, in addition to bus access from other Calgary Transit lines.

If you have questions about access to YYC, please contact:

Director Corporate Communications & Marketing The Calgary Airport Authority 2000 Airport Road NE Calgary, Alberta T2E 6W5 403.735.2197



Cougars Connection Cougais







Photo by Jorden Dixon



Photo by Jorden Dixon

Clockwise from top left: Lane Fortsyth battles Stefan Bakoway for the ball; Cougar Christina Gaspar works hard to getthe ball from Kodiak player Amanda Eseer; Justin Farenik winds up for a massive kick; Trent Offereins stretches for a two-pointer; Steve Trinidad powers over an opponent.





Photo by Josh Naud

Photo by Josh Naud

Golden Goal or Super Summit?

Crosby's goal was great, but Henderson's historic



Photo by Frank Lennon via Flickr

Henderson scored a goal that brought a nation together, but is curiously absent from the Hockey Hall of Fame.



Sports Editor

Thirty-eight years ago, legendary broadcaster Foster Hewitt uttered a phrase that, to this day, remains one of the true defining moments in Canadian sports history.

"They score! Henderson has scored for Canada!"

It was September 28, 1972. With 34 seconds left in the third period, Paul Henderson beat USSR goaltender Vladislav Tretiak to give Canada a 6-5

lead, stunning the crowd at Luzhniki Ice Palace in Moscow. That goal would hold up, giving Canada not only a game victory, but a 4-3-1 series win as well.

In '72, the Canadians were being touted as the clear favorites. With a lineup filled with NHL stars, many predicted the locals would have an easy time with their Soviet counterparts. As history will show, that was indeed not the case. Team Canada only captured one of the first four games — all of which were played on Canadian soil — a 4-1 triumph at Maple Leaf Gardens in Toronto. Losses of 7-3 in Montreal and 5-3 in Vancouver, coupled with a 4-4 tie in Winnipeg, meant Canada would head to Moscow facing a 1-2-1 deficit.

After losing Game 5, Canada would win the next two matches, setting up a showdown in the eighth and final contest.

Cue Henderson and the defining moment of his career, one he never duplicated.

During his time in the NHL, Henderson played for Detroit, Toronto and Atlanta. In 707 career games, he tallied 241 goals and 477 points, good enough for 423rd place all time. In comparison, Sidney Crosby, who scored the overtime winner in helping Canada to gold at the 2010 Vancouver Olympics, has 183 goals and 506 points in 371 career games to date. The difference? People expected great things of Crosby.

There is a generation of hockey fans (much younger than I, but that's a subject for another day) who will argue then day) who will argue then day) who will argue then derson did for Crosby's goal was bigger and hockey back in 1972, leven more historic, for it his day of recognition.

allowed this country's hockey heroes to capture gold on home soil. Fair enough. Most of you will remember where you were when Sid the Kid beat American goalie Ryan Miller.

How many of you reading this remember '72, or were actually even alive at that time? Even Crosby himself wasn't born until 1987.

Back in June, a Toronto businessman paid \$1.2 million for the No. 19 jersey worn during the '72 series. Mitch Goldhar, CEO of SmartCentres, announced a contest and initiative to take the jersey on a cross-country tour. The sweater and other artifacts will be shipped in a trailer specially outfitted for the event. As far as I know, there has been no such thing planned for Crosby's sweater.

There are two injustices that remain surrounding Henderson. First is his exclusion from the Hockey Hall of Fame. Granted, his NHL numbers don't warrant his inclusion in the hall, but what he did in '72 surely does.

The second injustice relates to nothing Henderson did on the ice. In February, Henderson, now 67, announced he is battling lymphocytic leukemia. While reports have him doing well, it would be a shame to have this man, who scored arguably the biggest goal in Canadian hockey history, unable to witness his enshrinement in the Hockey Hall of Fame. After all, it is the HOCKEY Hall of Fame, not the NHL Hall of Fame. And for what Henderson did for Canadian hockey back in 1972, he deserves



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